



One health condition may have several potential causes, one nutritional imbalance may lead to several health conditions. Where are you on this continuum?

Let us work together to unravel your health story using a Functional Medicine approach with the aim of supporting health improvement in a way that suits you. Supplements and functional testing maybe recommended where appropriate.

Nutritional Therapy is suitable for those with a health condition and those interested in health maintenance. A minimum of two consultations are needed, each about an hour long.

Consultations are free and available once we have your details and you have completed a health questionnaire and food diary

To find out more email nutritionaltherapyclinic@worc.ac.uk.

Students are fully supervised by BANT and CNHC registered assessors



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